

## **Online Workshops Open to All Wisconsin Residents**

### **Program: *Healthy Living with Diabetes***

Workshop ID#	Start Date	End Date	Time	Day	Registrar	Registrar Contact	Workshop Cost
LWD5561	11/1/2021	12/6/2021	10:30 AM - 1:00 PM	Monday	Shayna Schertz	<a href="mailto:wellness@gundersenhealth.org">wellness@gundersenhealth.org</a> , 608-775-6870	\$30
LWD5799	12/2/2021	1/6/2022	10:00 AM - 12:30 PM	Thursday	Laura Armstrong	<a href="mailto:Laura.armstrong@phci.org">Laura.armstrong@phci.org</a> , 262-928-4059	\$0

### **Program: *Powerful Tools for Caregivers***

Workshop ID#	Start Date	End Date	Time	Day	Registrar	Registrar Contact	Workshop Cost
PC5755	11/3/2021	12/8/2021	11:00 AM - 12:30 PM	Wednesday	Laura Armstrong	<a href="mailto:laura.armstrong@phci.org">laura.armstrong@phci.org</a> , 262-928-4059	\$0

### **Program: *Stepping On***

Workshop ID#	Start Date	End Date	Time	Day	Registrar	Registrar Contact	Workshop Cost
SO5812	11/30/2021	1/18/2022	1:00 PM - 3:00 PM	Tuesday	Froedtert Hospital	414-805-3666	0
SO5796	12/13/2021	1/31/2022	2:00 PM - 4:00 PM	Monday	Laura Armstrong	<a href="mailto:laura.armstrong@phci.org">laura.armstrong@phci.org</a> , 262-928-4059	\$0

**Program: *Healthy Living with Chronic Pain***

Workshop ID#	Start Date	End Date	Time	Day	Registrar	Registrar Contact	Workshop Cost
CP5782	1/27/2022	3/3/2022	10:00 AM - 12:30 PM	Thursday	Deb Bruning	<a href="mailto:deb.bruning@co.eau-claire.wi.us">deb.bruning@co.eau-claire.wi.us</a> , 715-839-7998	\$0 - *Chippewa and Eau Claire counties have priority

**Program: *Living Well with Chronic Conditions***

Workshop ID#	Start Date	End Date	Time	Day	Registrar	Registrar Contact	Workshop Cost
LW5828	12/1/2021	1/5/2022	9:30 AM - 12:00 PM	Wednesday	Tara Murdzek	<a href="mailto:tara.murdzek@sccwi.gov">tara.murdzek@sccwi.gov</a> , 715-381-4366	0



